



**CASEY MEIDINGER**

**OUTREACH ATHLETIC  
TRAINER**

**2020**

**JOINED PRACTICE**


**STATE LICENSED**

- Montana

**PROVIDES COVERAGE FOR**

- Arlee High School
- Mission High School
- Charlo High School
- St. Regis High School
- Hot Springs High School

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 (406) 542-4702;4270



## EDUCATION HISTORY



### **Bachelor of Science in Athletic Training**

Michigan State University

*Year of Graduation: 2012*



### **Masters of Education in Applied Kinesiology**

University of Minnesota

*Year of Graduation: 2014*

## CERTIFICATIONS



### **Board Certified Athletic Training(ATC)**

Board of Certification for the Athletic Trainer



### **Certified Personal Trainer (CPT)**

National Strength and Conditioning Association



### **Graston Technique Specialist (GTS)**

Graston Technique

## PROFESSIONAL MEMBERSHIPS/AFFILIATIONS:



National Athletic Trainers' Association (NATA)



Northwest Athletic Trainers' Association (NWATA)



Montana Athletic Trainers' Association (MTATA)

*Government Affairs Committee Member*



National Strength and Conditioning Association

## HOBBIES/PERSONAL INTERESTS:

*Growing up in the Southwest Suburbs of Chicago she is an avid White Sox fan. She moved out west to be amongst the mountains and access all they have to offer. She enjoys hiking with her two dogs, Wintson and Reggie. She also volunteers as a Board Member and Director for an animal rescue called All Points West GSP Rescue.*